Acetylcholinesterase from *Puntius javanicus* for the detection of carbamates and organophosphates

Mohd Khalizan Sabullah^{1,2}, Siti Aqlima Ahmad², Mohd Yunus Shukor², Nor Arifin Shamaan³, Ariff Khalid⁴, Azlan Jualang Gansau⁵, Farrah Aini Dahalan⁶ and Mohd Rosni Sulaiman¹*

¹Faculty of Food Science and Nutrition, Universiti Malaysia Sabah, 88400 Kota Kinabalu, Sabah, Malaysia. ²Faculty of Biotechnology and Biomolecular Science, Universiti Putra Malaysia, 48300 Serdang, Selangor,

Malaysia.

³Faculty of Medicine and Health Sciences, Universiti Sains Islam Malaysia, 13th Floor, Menara B, Persiaran MPAJ,

Jalan Pandan Utama, Pandan Indah, 55100 Kuala Lumpur, Malaysia.

⁴Biomedical Science Program, Faculty of Biomedicine and Health, Asia Metropolitan University,

43200 Cheras, Selangor, Malaysia.

⁵The School of Environmental Engineering, Universiti Malaysia Perlis, Kompleks Pengajian Jejawi 3, 02600 Arau, Perlis.

⁶Faculty of Science and Natural Resource, Universiti Malaysia Sabah, Jalan UMS, 88400, Kota Kinabalu, Sabah,

Malaysia.

*Corresponding author: Email: rossulma@ums.edu.my

ABSTRACT

A new alternative local source of acetylcholinesterase (AChE) has been found to be sensitive towards several insecticides. AChE was purified from the brain tissue of *Puntius javanicus*using affinity chromatography (procainamide hydrochloride coupled with sephacryl 6B) with the total recovery of 40% at 8.48 purification fold. All carbamate (CB) insecticides tested at the concentration of 1 mg/L were capable of lowering AChE activity to less than 30%; Bendiocarp (18.80%), carbaryl (5.96%,), carbofuran (6.12%), methomyl (13.91%) and propoxur (15.851%). The *P. javanicus* AChE was found to be unaffected by several activated organophosphates (OP) such as acephate and dimethoate, while trichlorfon slightly inhibited the enzyme activity (p<0.05). Chlorpyrifos, diazinon, malathion and parathion lowered AChE activity to 43.02, 40.97, 37.11 and 46.72%, respectively. Pesticides that inhibit AChE activities more than 50% were further tested in different concentrations to determine the half maximal inhibitory concentration (IC₅₀). Carbofuran and carbaryl showed the lowest IC₅₀ value at 0.035 and 0.031 mg/L, respectively, as both showed no significant differences (p<0.05), followed by bendiocarp, propoxur, methomyl, malathion, diazinon, parathion and chlorpyrifos at 0.045, 0.076, 0.090, 0.063, 0.103, 0.151 and 0.202 mg/L, respectively. Based on these results, the sensitivity of AChE from brain *P. javanicus* brain tissue shows promise as an alternative biosensor for the detection of insecticides contamination.

Keywords: Puntius javanicus, Acetylcholinesterase, Carbamate, Organophosphate.

INTRODUCTION

Chemical applications are widely used to control pest activity in agriculture. Insecticides such as carbamates and organophosphates are used to control insect development by binding at the active site of AChE through carbamylation (carbamates) or phosphorylation (organophosphates) and inhibiting the metabolism of neurotransmitter in the nervous system that leads to lethality (Rosenberry et al., 2005; Sabullah et al., 2014a). Unfortunately, overuse and misapplication of these compounds may drift and affect non-target organisms, contaminating the food web and transfer to the final consumer through bioaccumulation, especially in humans (Van Geest et al., 2014). Soil leaching and groundwater runoff from the treated areas to waterways may affect aquatic life (Bonmatin et al., 2015). However, this problem can be through the use of aquatic organism as testing materials to expand the use of a biological by sensing the presence of anti-AChE. Fish is commonly used as a bioindicator for the presence of pesticides (Singh et al., 2007; Young et al., 2014). In previous studies, the relationship between the presence of xenobiotics in aquatic environments and ChE activity has been widely studied and employed as a biomarker in aquatic invertebrate and also vertebrate species (Brown et al., 2004; Sabullah et al., 2014b). Measurement of fish cholinesterase activity is a classical tool used to monitor pollution in both marine and continental waters. AChE isolated from local Malaysian fish such catfish; Clarias batrachus that is capable to be inhibited by carbaryl and carbofuran had proved the ability to discern the presence of anti-AChE (Tham et al., 2009). In this study, we reveal an alternative source by using AChE isolated from the brain tissue of *Puntius* javanicus, which was broadly sensitive towards several selected insecticides and as a candidate for future biosensor kit development.

MATERIALS AND METHODS

April-June 2015

Journal of Chemical and Pharmaceutical Sciences Brain Extraction: P. javanicus weighing 300-400 g and approximately 15-20 cm in length were obtained from Kenyir Lake, Terengganu, Malaysia. The fish was killed by immersing it in a box of ice then the brain was immediately dissected and weighed. The brain was homogenised with the ratio of 1:5 (w/v) volume of 0.1 M sodium phosphate buffer, pH 7.5 containing 2 mM phenylmethylsulfonyl fluoride (PMSF; AMRESCO® brand) using an Ultra-Turrax T25 homogeniser until completely pulverised. The crude extract was subjected to centrifugation at 100,000xg for an hour at 4°C. The supernatant was collected for purification procedures. All procedures were performed at 4°C unless stated otherwise.

Purification of Acetylcholinesterase: A ligand specific for the choline-binding site, procainamide hydrochloride (Sigma-Aldrich) coupled with Sephacryl 6B (Sigma-Aldrich) was used as an affinity matrix to purify the brain extract. The matrix was loaded in the column with a diameter of 1.5 cm and then allowed to sediment to obtain a bed height around 3 cm. The column was first washed with five batch volumes of washing buffer (20 mM sodium phosphate buffer, pH7.5) to clean and calibrate the matrix at the flow rate of 0.2 ml per min. 400µl of crude extract was then loaded into the column followed by three batch volumes of washing buffer. Three batch volumes of elution buffer (20 mM sodium phosphate buffer containing 1.0 M sodium chloride, pH 7.5) were applied directly into the column and 1 ml fractions were collected until at the end of the elution stage. Enzyme activity (Ellman et al., 1961) and protein content determination (Bradford et al., 1976) were carried out for all the fractions collected and fractions that displayed high AChE activity were pooled. The purified AChE was concentrated and desalted using VivaSpin® tubes at 5000xg at 4°C. The dialysed purified AChE was stored at -25°C until subsequent use.

Activity and Inhibition Studies: Ellman et al. (1961) method was used to determine the activity of AChE with modification for a 96 well microplate assay. The synthetic substrate acetylthiocholine iodide (ATC) was used in this study. The AChE will hydrolyse ATC to acetate and thiocholine, followed by the production of yellow colour by the reaction of 5, 5'-dithio-bis-2-nitrobenzoate (DTNB) reagent with thiocholine. This yellow colour production was quantified by measuring it at the wavelength of 405nm using a microplate reader. AChE activity was calculated based on the amount of ATC (µmol) that was hydrolysed by P. javanicus AChE per minute per total protein, which was given as µmole hydrolysed/min/mg (U) with the extinction coefficient of 13.6 mM⁻¹.cm⁻¹. Purified AChE was incubated separately in 1 mg/L of carbamate (bendiocarb, carbofuran, methomyl, carbaryl and parathion: Sigma-Aldrich brand) and activated OP (malathion, diazinon, chlorpyrifos, acephate, dimethote and trichlorfon: Sigma-Aldrich brand). Activation of OP insecticides was performed by incubating each OP (25µl) in 5 µl of 0.01 M pure bromine for 15 minutes then 20 µl of 5% ethanol was loaded to stop the activation process, which acts as a reducing agent. The assay mixture contained 150 µl of potassium phosphate buffer (0.1 M, pH 7.5), 20 µl of 0.067 mM DTNB (Fluka), 50 µl of insecticides solution (1 mg/L) and 10 µl of enzymes followed by incubating it in the dark for 15 minutes at room temperature. 20 µl of 0.5 mM ATC (Sigma-Aldrich) was then added and left to stand for 10 minutes at room temperature before the absorbance was read at 405 nm.

IC₅₀ determination was carried out by incubating each of the insecticides at six different concentrations with P. javanicus AChE and the IC₅₀ value was analysed using Graphpad PRISM 5 software with non-linear regression analysis using one phase exponential decay model.

Statistical Analysis: All experiments were run in triplicates and each value are means of standard deviations, \pm SD. Analysis of the mean AChE activity was evaluated using Graphpad Prism version 5.0. Comparison between each group was carried out using a Student's t-test for two groups or a one-way analysis of variance (ANOVA) with post hoc analysis by Tukey's test (Miller and Miller, 2000) for more than two groups. p< 0.05 was considered statistically significant.

RESULTS AND DISCUSSION

AChE Purification: The purification process was carried out in this study because the increasing purity of the sample enhances its sensitivity towards the contaminant (Masdor and Said, 2011). AChE was purified from the brain extract of P. javanicus using Procainamide-based affinity column. The total recovery activity of AChE after purification was 40% with 8.48 fold purification (Table 1).

Table 1.1 utilication table of T. juvanicus ACIIE							
Procedure	Total Activity (U)	Total Protein (mg)	Specific Activity (U/mg)	Purification fold	Recovery (100%)		
Crude extract	0.85	3.77	0.23	1	100.00		
Supernatant	0.73	2.6	0.28	1.23	85.28		
Affinity Chromatography	0.34	0.18	1.92	8.48	40.00		

Table 1 Purification table of *P_iavanicus* AChE

www.jchps.com Journal of Chemical and Pharmaceutical Sciences Inhibition Studies: Carbamate insecticides such as bendiocarp, carbaryl, carbofuran,,methomyl and propoxur exhibited inhibition by lowering AChE activity to 18.80, 6.12, 5.96, 13.91 and 15.851%, respectively (Figure 1). Gupta et al., (2011) reviewed insecticides such as methomyl and carbofuran that are extremely dengerous to living system. Anova analysis revealed several OP that showed significant inhibition compared to control (p<0.05) such as chlorpyrifos, diazinon, malathion and parathion with the percentage inhibition of 21.36, 16.41, 21.10 and 24.36%, respectively. Trichlorfon showed small inhibition approximately <5% while acephate and dimethoate were considered to show no effect as they exhibited no significant difference compared to controls (p<0.05). Yen et al., (2011), reported chlorpyrifos and diazinon at the concentration of 300 nM and 10 µM were capable of lowering the activity of zebra fish AChE to 81 and 55%, respectively. Malathion at the concentration of 6 mg/kg has significantly inhibited AChE activity of Seriola dumerilli from 141.22 to 69.16 U (Jebali et al., 2006). All of the insecticides that showed significant inhibition were subjected for IC₅₀ determination.

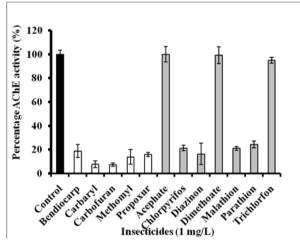


Figure.1. Purified AChE was incubated in different of insecticide compound with the final concentration of 1 mg/L. White and grev bars represent as CB and OP, respectively.

Table 2 shows IC₅₀ values and their 95% confidential intervals for selected insecticides in comparison with another source of AChE such Electrophorus electricus and and Clarias batrachus. Each value was analysed with nonlinear regression with the use of one phase decay. Although C. batrachus and P. javanicus both are economically important in Malaysia, in the terms of sensitivity, P. javanicus AChE was highly comparable with the commercial AChE extracted from E. electricus. Carbaryl and malathion from CB and OP group displayed the lowest IC₅₀ value at 0.031 mg/L and 0.063 mg/L, respectively (Figure 2). Farahat et al., (2003) mentioned that organophosphates gave a wide impact to the environment as this compound is capable to form aging or irreversible inhibition of several enzymes especially AChE. Prior of the reaction, biotransformation is needed to activate the sensitivity of organophosphates to their active metabolite, where the process of oxonation was biologically carried out by microsomal cytochrome oxidase P450-dependent in the liver (Fukuto, 1990). In this study, OP was chemically activated using bromine water as mentioned by (Barber, 1999).

Tab	le.2. The IC ₅₀ values of s	The IC ₅₀ values of selected insecticides with 95% confidential interval						
	IC ₅₀ (95% Confidential interval) mg/L							
ompound	P. javanicus	E. electricus	C. batrachus					

	IC ₅₀ (95% Confidential interval) mg/L				
Compound	P. javanicus	E. electricus	C. batrachus		
	(Present study)	(Sharif <i>et al.</i> 2014)	(Tham et al. 2009)		
Bendiocarp	0.045 (0.039 -0.054)	0.015 (0.015-0.016)	N.D.		
Carbaryl	0.031 (0.026 -0.040)	0.133 (0.122-0.145)	0.130 (0.119-0.142)		
Carbofuran	0.035 (0.030 -0.045)	0.006 (0.0063-0.0065)	0.006 (0.005-0.007)		
Methomyl	0.090 (0.077 -0.108)	0.026 (0.024-0.028)	N.D.		
Propoxur	0.076 (0.061 -0.099)	N.D.	N.D.		
Chlorpyrifos	0.202 (0.178 -0.232)	0.060 (0.055-0.065)	N.D.		
Diazinon	0.103 (0.084 -0.132)	0.177 (0.169-0.186)	N.D.		
Malathion	0.063 (0.053 -0.078)	0.014 (0.013-0.014)	N.D.		
Parathion	0.151 (0.122 -0.198)	0.068 (0.066-0.069)	N.D.		

N.D.=Not detected

Compared to organophosphates, carbamates can easily bind to the esteric site of AChE directly without any prior need of bioconversion. Common carp, Cyprinus carpio showed 50% inhibition after being exposed to carbofuran (Dembélé, 2000) and 40% to 60% inhibiton in Mosquito fish Gambusia yucatana (Rendón-von et al. 2005). Oncorhynchus mykiss showed significant inhibition toward carbaryl at the lower IC₅₀ value of 0.019 mg/l (Ferrari, 2004). Methomyl had proved to be adverse to freshwater fish such as *Pseudorasbora parva* with the

April-June 2015

www.jchps.com

Journal of Chemical and Pharmaceutical Sciences

ability to inhibit several enzymes such as AChE, Gluthathione S-Transferase and glutamic oxaloacetic transaminase (Li, 2008). Carbaryl exhibited 13 to 20 times higher toxicity compared to malathion on squawfish (Beyers and Sikoski, 2009).

Most of the insecticides can be broadly applied for many types of crops. For the example, carbofuran is currently applied to oil palm plantations and also to protect the production of fruits, vegetables and paddy fields in Malaysia (Farahani et al., 2008). Other carbamate applications such as bendiocarp and propoxur are more for controlling the development of household pests (Goose, 1987). These kinds of insecticides showed low toxicity towards mammals and vertebrates since the activity of cholinesterase were back to normal within 24 hours after acute exposure (Dorko, 2011). This study shows that purified AChE was inhibited by all tested compounds in the CB group and by several compounds in the OP group. Because organophosphates such as trichlorfon, acephate and dimethoate were unable to inhibit *P. javanicus* AChE activity in this study, other local sources of AChE need to be screened for the ability to detect many kinds of nerve agents, especially these compounds. Moreover, the use of enzymes for the biomonitoring of toxicants has becoming more widespread in an effort to speed up the detection process, cost reduction and handling.

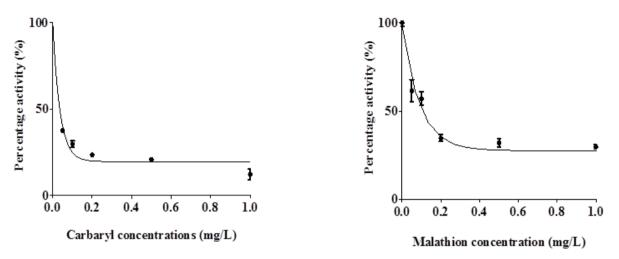


Figure.2. Remaining activity of purified AChE after incubated in different concentration of carbaryl and malathion. Each point represented as mean of triplicate with standard deviation (SD). CONCLUSION

These results show that AChE from *Puntius javanicus* is a potentially new local source to replace current commercial AChE for use in biomonitoring programmes. Further studies are needed for the development of this assay that is capable of detecting other pollutants such as detergents (Kucherenko, 2012), neurotoxin (Zakir Hossain, 2009), drug (Elumalai, 2015) and heavy metals (Frasco, 2007), which are threatening our environment and ecosystems stability. Their early detection is important as a prevention step to overcome the contamination of those compounds.

ACKNOWLEDGEMENT

This project was supported by fund from The Ministry of Science, Technology and Innovation (MOSTI), Malaysia, under FRGS Grant no. 02-02-13-1256FR (FRGS/2/2013/SG05/UPM/02/16), Sciencefund (02-01-04-sf1473), MyBrain 15 (MyPhD) and Pusat Pengembangan Akuakultur, Bukit Tinggi, Pahang.

REFERENCES

Barber D., L. Correll, and M. Ehrich, Comparative effectiveness of organophosphorus protoxicant activating systems in neuroblastoma cells and brain homogenates, Journal of Toxicology and Environmental Health A, 57, 1999, 63-74.

Beyers D.W. and P.J. Sikoski, Acetylcholinesterase inhibition in federally endangered colorado squawfish exposed to carbaryl and malathion, Environmental Toxicology and Chemistry, 13, 2009, 935–939.

Bonmatin J.M., C. Giorio, V. Girolami, D. Goulson, D.P. Kreutzweiser, C. Krupke, M. Liess, E. Long, Marzaro, E.A.D. Mitchell, D.A. Noome, N. Simon-Delso and A. Tapparo, Environmental fate and exposure; neonicotinoids and fipronil, Environmental Science and Pollution Research, 22, 2014, 35–67.

Bradford M.M., A rapid and sensitive method for the quantitation of microgram quantities of protein utilizing the principle of protein dye binding, Analytical Biochemistry, 72, 1999, 248–254.

April-June 2015

www.jchps.com

Journal of Chemical and Pharmaceutical Sciences

Brown M., I.M. Davies, C.F. Moffat, J. Redshaw and J.A. Craft, Characterisation of choline esterases and their tissue and subcellular distribution in mussel (*Mytilus edulis*), Marine Environmental Research, 57, 2004, 155-169.

Dembélé K., E. Haubruge and C. Gaspar, Concentration effects of selected insecticides on brain acetylcholinesterase in the common Carp (*Cyprinus carpio* L.), Ecotoxicology and Environmental Safety,45, 2000, 49-54.

Dorko F., J. Danko, S. Flešárová, E. Boroš and A. Sobeková, Effect of pesticide bendiocarbamate on distribution of acetylcholine- and butyrylcholine-positive nerves in rabbit's thymus. European Journal of Histochemistry, 55, 2011, 37.

Ellman G.L., K.D. Courtney, V.J. Andres and R.M. Featherstone, A new and rapid calometric determination of acetylcholinesterase activity,Biochemical Pharmacology, 7, 1961, 88-95.

Elumalai K., M.A. Ali, M. Elumalai, K. Eluri and S. Srinivasan, Acetylcholinesterase enzyme inhibitor activity of some novel pyrazinamide condensed 1,2,3,4-Tetrahydropyrimidines, 5, 2015, 1-6.

Farahani G.H.N., I. Sahid, Z. Zakaria, A. Kuntom and D. Omar, Study on the downward movement of carbofuran in two malaysian soils, Bulletin of Environmental Contamination and Toxicology, 81, 2008, 294-298.

Farahat T.M., G.M. Abdelrasoul, M.M. Amr, M.M. Shebl, F.M. Farahat and W.K. Anger, Neurobehavioural effects among workers occupationally exposed to organophosphorous pesticides, Occupational and Environmental Medicine, 60,2003, 279-286.

Ferrari A., O.L. Anguiano, J. Soleno, A. Venturino, and A.M. Pechen de D'Angelo, Different Susceptibility of Two Aquatic Vertebrates (*Oncorhynchus mykiss* and *Bufo arenarum*) to Azinphos Methyl and Carbaryl", Comparative Biochemistry Physiology: C, 139, 2004, 239-243.

Frasco M.F., J.P. Colletier, M. Weik, F. Carvalho, L. Guilhermino, J. Stojan and D. Fournier, Mechanisms of cholinesterase inhibition by inorganic mercury, FEBS Journal, 274, 2007, 1849–1861.

Fukuto T.R., Mechanism of action of organophosphorus and carbamate insecticides, Environmental Health Perspectives, 87, 1990, 245-254.

Goose, J., Carbamate pesticides: A general introduction: Environmental health criteria 64, WHO Geneva, 1986. Parasitology Today, 3,187,257.

Gupta, R.C., J.K. Malik, and D. Milatovic, Chapter 37 – Organophosphate and Carbamate Pesticides. Reproductive and Developmental Toxicology, 2011, 471–486.

Jebali J., M. Banni, H. Guerbej, E.A. Almeida, A. Bannaoui, H. Boussetta, Effects of malathion and cadmium on acetylcholinesterase activity and metallothionein levels in the fish *Seriola dumerilli*, Fish Physiology and Biochemistry, 32, 2006, 93-98.

Kucherenko I.S., O.O. Soldatkin, V.M. Arkhypova, S.V. Dzyadevych and A.P. Soldatkin, A novel biosensor method for surfactant determination based on acetylcholinesterase inhibition, Measurement Science and Technology, 23, 2012, 6.

Li, H., H. Jiang, X. Gao, X. Wang, W. Qu, R. Lin and J. Chen, Acute toxicity of the pesticide methomyl on the topmouth gudgeon (*Pseudorasbora parva*): mortality and effects on four biomarkers, Fish Physiology and Biochemistry, 34, 2008, 209-216.

Masdor N.A. and N.A.M. Said, Partial purification of crude stem bromelain improves it sensitivity as a protease inhibitive assay for heavy metals, Australian Journal of Basic and Applied Sciences, 50, 2011. 1295–1298.

Miller J.N. and J.C. Miller, Statistics and Chemometrics for Analytical Chemistry", Pearson Education Limited, Essex, UK, 4th edition, 2000.

Rendón-von J., A. Ortíz-Arana, L. Guilhermino, and A.M.V.M. Soares, *In vivo* evaluation of three biomarkers in the mosquitofish (*Gambusia yucatana*) exposed to pesticides, Chemosphere, 58, 2005, 627-636.

Rosenberry T.L., J.L. Johnson, B. Cusack, J.L. Thomas, S. Emani and K.S. Venkatasubban, Interactions between the peripheral site and the acylation site in acetylcholinesterase, Chemico-Biological Interactions, 157-158, 2015, 181–189.

Sabullah M.K., M.R. Sulaiman, M.S. Shukor, M.T. Yusof, W.L. Wan Johari, M.Y. Shukor and A. Syahir, Heavy metals biomonitoring via inhibitive assay of acetylcholinesterase from *Periophthalmodon schlosseri*, Rendiconti Lincei, DOI 10.1007/s12210-014-0359-0, 2014b.

www.jchps.com

Journal of Chemical and Pharmaceutical Sciences

Sabullah M.K., M.R. Sulaiman, M.Y. Shukor, M.A. Syed, N.A. Shamaan, A. Khalid and S.A. Ahmad, The assessment of cholinesterase from the liver of *Puntius javanicus*as detection of metal ions, The Scientific World Journal, 2014, 2014a, ID 571094.

Sharif M.S.A., M.I.E. Halmi, A. Syahir, W.L.W. Johari, and M.Y. Shukor, Assessment of acetylcholinesterase from *Channa micropeltes* as a source of enzyme for insecticides detection, International Journal of Agriculture and Biology, 16, 2014, 389–394.

Singh P.B., and V. Singh, Endosulfan induced changes in phospholipids in the freshwater female catfish, *Heteropneustes fossilis* (Bloch), Journal of Environmental Biology, 30, 2007, 605–610.

Tham L.G., N. Perumal, M.A. Syed, N.A. Shamaan and M.Y. Shukor, Assessment of *Clarias batrachus* as a source of acetylcholinesterase (AChE) for the detection of insecticides, Journal of Environmental Biology, 30, 2009, 135-138.

Van Geest J.L., L.E. Burridge, F.J. Fife and K.A. Kidd, Feeding response in marine copepods as a measure of acute toxicity of four anti-sea lice pesticides, Marine Environmental Research, 101, 2014, 145-152.

Verma R.S., A. Mehta and N. Srivastava, Effect of phenobarbitone on cytochrome P450 activity and chlorpyrifos and 3,5,6-trichloropyridinol levels in liver and serum in rat, Indian Journal of Biochemistry and Biophysics, 42, 2005, 254-257.

Yen J., S. Donerly, E.D. Levin and E.A. Linney, Differential acetylcholinesterase inhibition of chlorpyrifos, diazinon and parathion in larval zebrafish, Neurotoxicology and Teratology, 33, 2011, 735–741.

Young S.S., H.N. Yang, D.J. Huang, S.M. Liu, Y.H. Huang, C.T. Chiang and J.W. Liu, Using benthic macroinvertebrate and fish communities as bioindicators of the Tanshui River Basin around the Greater Taipei Area — Multivariate analysis of spatial variation related to levels of water pollution, International Journal of Environmental Research and Public Health, 11, 2014, 7116-7143.

Zakir Hossain S.M., R.E. Luckham, A.M. Smith, J.M. Lebert, L.M. Davies, R.H. Pelton, C.D. Filipe and J.D. Brennan, Development of a bioactive paper sensor for detection of neurotoxins using piezoelectric inkjet printing of sol-gel-derived bioinks, Analytical Chemistry, 81, 2009, 5474–5483.